



Important Reminders (Please review with ALL racers in your group)

- We have added a shirt exchange for shirts that don't fit.
- Have all youth dress modest for the dance.
- All youth must follow our code of conduct for the dance.
- The dance is located in the parking lot of the church.
- The dance is over at 9:00 PM.
- No camp fires on the grounds at the campsite. Raised fire pits are permitted.
- All racers must have a bike helmet!!! No exceptions.
- Show up 5-10 minutes before your start time on Saturday.
- The race course is not closed. Have all racers race on the right side to allow local traffic to pass.
- We have racers of all ages. For the safety of all, please be aware of younger participants and be courteous and careful around ALL race participants.
- Bike to run transition is very congested; don't place your bike on the ground at the entrance of this area. Go all the way to the North East end and place your bike in the dirt area if you don't want to rack your bike.
- Leaders, please pick up your groups' bikes ASAP to allow others to use the bike racks.
- Don't forget to pick up your towels, helmets or any other belongings after the race. Lost and found will be located at the race entrance.
- Please make sure all participants pick up their trash...especially after eating in the recovery area after the race.
- This is a wonderful event that takes many volunteers to run. Please be kind and respectful to ALL volunteers. If any participant is reported as being rude or disrespectful to any volunteers or other participants, your race time could be eliminated!